



Desmond talks about goals for second term

By DAVID ROSS

Jim Demond wants a second term on the Board of Supervisors, because, “I think I got a lot of things done in the first term. I want to keep building, infrastructure, roadways, addressing mental health and the homeless. We need more affordable housing and to bring down the cost of living in San Diego County.”

Asked what he is proudest of in his first term, Desmond said, “I’m really proud of the amount of mental health facilities we were able to put in North County to deal with the homeless.” Last week he did a groundbreaking for a 16 bed mental health facility at Tri-City, where such a facility had shut down in 2018. He has seen three 24-hour mental health facilities open in his district: in Vista, Escondido and Oceanside.

In partnership with District Attorney Summer Stephan, in July the County opened a One Safe Place in San Marcos. This is a haven for all victims of sex trafficking and mental violence. The County also put together a mobile homeless response team. Speaking to his Valley Center constituents, Desmond said, “Valley Center

hasn’t been affected much by the homeless but the rest of the county has. Even [Escondido] Mayor McNamara has sung my praises. Unfortunately the only thing we can do is keep the outreach to homeless people. We can’t force them into homeless programs.”

He is also proud of blocking violent sexual predators from being relocated to small rural communities. “We were able to keep one out of Valley Center and Pauma,” he said. “We have actually been able to block four out of



five placements of sexually violent predators in North County.”

For Desmond, the issues are, “the high cost of things, inflation, the cost of fuel, the cost of rent, cost of housing, are having detrimental effects on our economy and everyday lives. Homelessness and housing and infrastructure, roads and fentanyl—those are the issues.”

Why should Valley Center residents vote for him? “Because I’ve accomplished a lot of things,” he said. “I’ve got the experience of being a mayor and working with mayors, and obtaining millions of federal dollars for

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Candidate Tiffany Boyd-Hodgson talks about her hopes for the 5th District

By DAVID ROSS

Candidate Tiffany Boyd-Hodgson, candidate for the 5th District Board of Supervisors seat held by Jim Desmond, had a rural Texas childhood that makes it easy for her to identify with rural residents of the sprawling district— which includes cities and vast stretches of wildland and everything in between.

“We struggled to keep the lights on. I carry those memories when I talk to people. Growing up in the Texas Hill country, it was pretty rural,” said the candidate. “I feel like when I’m here in Valley Center or Fallbrook or other unincorporated areas I can relate to their fierce independent spirit. Because I grew up in a place that shares those values. I grew up with grandparents who hunted and fished and I learned to do that too. They were conservationists before it was cool. It helps me to relate to folks in the unincorporated areas because we have some common values.”

Boyd-Hodgson holds a doctorate in Behavioral Neuroscience, earned at McMaster University in Ontario, Canada. She studied electrophysiology—which she became interested in when her grandmother developed Alzheimer’s. “It was devastating. Not just the deterioration of her mind. But how it affected our family. I wanted to contribute to that knowledge. I studied the underpinnings of the first generation of Alzheimer’s drugs and how they affect the neurotransmitters. That was my motivation.”



She resisted the push to go into academia. “I always knew I wanted a family and it’s still tough to do that,” said Boyd-Hodgson. “I went into medical education. I explain to doctors how different therapies work. That’s not an area doctors typically know about. I can talk to health care providers about how one therapy differs from another. That might inform which patients it would be good for. It’s a niche market. Usually a device company will hire someone to create their educational materials. I have had various clients over the years. It’s a good gig for a wife with four kids. I keep up on the science, and the literature.”

She moved to California in 2018. “It was a big move for our family. My husband and I had lived on the East Coast.” She worked in Brooklyn and Manhattan and was there for 9/11. She

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FIRE PREVENTION WEEK OPEN HOUSE – TREMENDOUS SUCCESS

Deer Springs Fire Safe Council

Despite a gloomy and drizzly dawn with predictions of showers and thundershowers, the 2022 Fire Prevention Week open house was a great success and the best in memory. Showers did not materialize and the only weather-related issue was the absence of the CAL FIRE helicopter which was unable to lift from its home base at Gillespie Field.

It is estimated that more than 300 visitors passed through the displays and information tables. A large crowd was treated to a demonstration of vehicle cut-and-rescue technique by our local firefighters. The San Diego HAZMAT crew provided a hands-on demonstration of “boo-bubbles” that delighted the younger crowd. Firefighters had a hose and nozzle set up for the youngsters to squirt some water. Firefighters and the Mercy Ambulance crew described and demonstrated the various tools of their respective trades. Kids of all ages enjoyed sitting in the fire engines and, especially, the very large CAL FIRE ‘dozer.

We are already looking forward to next year’s open house. Please plan on joining us.



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SATURDAY, OCTOBER 29 6PM-9PM VALLEY CENTER ELEMENTARY SCHOOL



Candidate Michael Pacheco is running for a full term on the Palomar Hospital district board.

VC's Pacheco seeks full term on hospital board

By DAVID ROSS

Michael Pacheco of Valley Center is seeking a full term for his District 1 seat on the hospital board. He was appointed to the position in September 2021. District 1 includes Valley Center, Ramona, Hidden Meadows, unincorporated Escondido, Palomar Mountain, Pauma Valley and Julian.

Pacheco retired as a battalion chief from the San Diego Fire & Rescue service after 30 years. He is still a licensed paramedic for the state of California and has been for 39 years. He is very much involved

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George Speech will lead a group of presenters on a free meeting management workshop November 5.

Free Magic Meetings workshop Nov. 5

The California Escondido Parliamentarian Unit announces a free meeting management workshop on Saturday, November 5 from 9 a.m. to 1 p.m. at the Valley Center Library, 29200 Cole Grade Rd., Valley Center.

Topics: Magical Meeting Management, Members' Rights Agendas, Using Motions, Writing Minutes and Questions and Answers.

George Speer, Dos Valles Garden Club president, and local NAP (National Association of Parliamentarians) parliamentarian, will be joined by Jacqueline Marazzi, PRP, president and Robert Foruthn, vice-president, of the Escondido Unit of Parliamentarians as presenters.

This will be a hybrid meeting with Zoom available for those who cannot attend in person. Registration, by November 1, is required to receive the codes for Zoom and for the workshop notes. Walk ins are welcome.

Mail Registration to Address: P.O. Box 300626, Escondido, CA 92030-0626 or to jm.prp15@gmail.com Include: Name, Phone and street address or e-mail and indicate in-person or Zoom.

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infrastructure. I've been able to accomplish a lot on fire stations and buying a new firefighting helicopter. On the Ag Pass, that allows farmers to get back on their properties during a fire. My opponent speaks on what she will do but she has done nothing."

Desmond noted the Revite meetings he has held that were attuned to Valley Center and its needs. "There's a big movement for Butterfield Trail Ranch park and I'm working on that and I'm getting a report back soon," he said. "I've accomplished things. I can't find any accomplishments my opponent has done. You should vote for me based on my accomplishments and leadership."

He defended himself from the accusation by his opponent that he is a "climate denier. "The League of Conservationists grade all the elected officials and I got a B," he said. "I'm not anti-climate change. We need to live in balance. We need clean air and clean water. I don't where she gets that."

Desmond was the only major area politician who fought against lockdowns of businesses during the pandemic. Is he sorry now? "I'm proud of that," he said. "We went too far with the lockdowns. A couple hundred thousand people never went back to work. Students are way behind on classroom learning. I did stress for everyone to remain safe. I wasn't anti vaccine. It was government overreach on those lockdowns. It really hurt the economy and look where we are now. No end in sight. I tried to take a common sense practical approach. It wasn't political. It wasn't emotional. I had to make practical decisions, just as I did when I was an airline pilot. I'm proud of what I did and I would do it again." Noting that the emergency is still in place, he added, "They may not need the next emergency; they've found the overreach."

What he will do for Valley Center in a second term? "Get more resurfacing of roads, fixing potholes, making sure we work on intersections. And the park issue is still lingering. Speeding on Valley Center Road is an issue. I'm going to see what we can do on traffic calming. I want to give you the infrastructure you need to live to your full potential and then get out of your way. Make sure you have the police you need and work on quality of life issues. I think I've got some very good relationships. My opponent has few if any relationships with anyone. I want to build on that. I think I've done very well. We've brought a lot of grant dollars and I'm going to keep fighting for Valley Center."

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also worked in New Jersey and Pennsylvania. Her husband's job brought them west. They packed into an RV with six people, two cats and a dog.

"We're really fortunate," she said. "We live in San Marcos. Southern California is great because there is so much opportunity. The weather is great. We love living here. We love the people we've met and the neighbors and community and the opportunity for our kids to do the things they love."

Currently Boyd-Hodgson serves on the Vallecitos Water District board. "I was asked to run for that position," she said. Moving from Pennsylvania, where there is a lot of water, the water issues are different—very different. "It's an issue we are going to have to solve quicker," she said.

She is proud that on that board, "I've led on climate. It was not part of our strategic plan—planning for it. I made sure that was mentioned in our plan."

Also, "We initiated an internship partnership with Palomar College. I feel we do a disservice to young people when we tell them college is the only path. We have lots of people retiring from our district. It's important to have plan to back up those positions. I spearheaded that. We've just had our first internship." She also pushed a scholarship program for young people who want to study water and the environment, at either Palomar College or Cal State San Marcos, or graduating from a San Marcos high school. "I also spearheaded a single use plastics resolution," supporting a resolution passed by the city council. "We also reduced our internal use of plastics. She added, "We also passed a Pride Month resolution. Not sure many other agencies have done that—but we did."

Asked why she is running, she said, "Because I want everyone in District Five, no matter where they live, to have responsive representation. To be able to live well, work, raise their family and have a good quality of life. In District 5 we have a lot challenges. It's such a big district, we have different issues depending on where you go."

She continued, "If you are in a rural community and you need your roads fixed, that is something the County should be focused on. If you are in a predominantly Spanish speaker area and you need culturally competent providers to help you. If you are unsheltered, let's figure out how to build more shelters and build a roof over

your head and provide the services you need. Whether health care, addiction services, connecting you with childcare, or wraparound services that people typically need to function well."

She added, "To me it means mitigating climate change—and that looks different across the district. In Oceanside it's rising sea levels; inland it's wildfires because we have developments in high risk areas. Making sure firefighters have the resources and making sure we don't have unfettered developments in high risk areas."

Some areas need broadband access. "There are places in District 5 where there is little cell reception," she said. "It disadvantages students and people working at home and who need to see doctors in telehealth visits. When you live a long way from doctors it's helpful to have telehealth visits."

Another issue she champions is "school bus transportation." She said, "I've advocated a paradigm shift in how we think of it. It's an environmental issue, when you have lines of people and hundreds of cars idling and emitting gas, affecting children. It snarls our roads and prematurely damages our roads. It's an equity issue. If you have a family with single parents, sometimes it's hard for a 9-year old to make it to school on time."

It's mostly women who leave off and pick up students. "It affects them," said Boyd-Hodgson. "I argue that school buses check a lot of boxes: the environment, equity, traffic, infrastructure. I'd like to see a collaboration between state, city, county. If we talk about it as public transit—because it is. We could remove a lot of cars from the road. To me that is low hanging fruit. It would help a lot more people than high speed rail. That will be a priority of mine."

So is water diversification. "It is becoming more important to figure where our water will come from," she said. "I know there are riparian rights. But if folks run out of water, respect for riparian rights will be challenged. How do we capture storm water and urge developers to build it? And make desalination less expensive? That's how I govern, by bringing people together to have a conversation. Find out what the no go and nonstarters are. Look at the end goal and how to get there."

She contrasts herself with incumbent Jim Desmond. "There are a lot of points of differentiation," she said.

"What I keep hearing from constituents is that he is unresponsive. His record shows he takes a lot of money from developers. He has questioned climate change as human accelerated. He has not followed the science of COVID 19 impacts. What I would say to that constituent: I pledge to listen to you, find practical solutions, look at evidence and talk with all the stakeholders who make decisions."

She adds, "This is non-partisan race but I'm a Democrat," she said. "I feel my values better represent the majority of folks in District 5. The district did go for Biden by 11 points and we do have a voter advantage. I would be the first woman and first Democrat elected to the seat."

She feels that many people move into unincorporated areas without knowing what that means, in terms of services and roads. "I envision trying to bring folks together to have a conversation. When people first moved here they knew what living in unincorporated meant. Now we have more who don't. Can we have standard criteria for roads and work with planning groups to fix the roads? In talking to people across the district a lot of infrastructure needs have been neglected in District 5. In De Luz there is one road in and out of one area. It floods during rainy season and is impassable. What has happened in the past is that if the water rises it traps people on the sides where the fields are."

Sometimes with their children on one side and them on the other. Sometimes they have to sleep in fields until the water level subsides. "This has been a problem for at least ten years," she said. "Desmond and Horn knew about this and it has not been fixed. Situations like this are the types of real solutions I'm going to implement and fix."

Boyd-Hodgson concluded, "I'm grateful for the opportunity to run. I encourage voters to read about me to make a decision. This position with its large budget and influence deserves someone who is thoughtful and open to hearing from people of all persuasions — who won't make decisions on a knee jerk reaction depending on who is speaking. That is how I govern and how I look forward to serving the people of District 5.

To find out more, visit:
<https://tiffanyboydhodgson.com>



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► OPINION

An incredible story

By **JIM DESMOND**

You've probably heard me say it before, but I must repeat it, One Safe Place is transforming lives. One Safe Place is a center that serves human trafficking victims, seniors suffering from elder abuse and is a place someone that is being domestically abused can go to escape from their perpetrator. I wanted to share an incredible success story from One Safe Place.

Last week, three San Diego Sheriff's deputies accompanied a woman to One Safe Place. The woman was trying to escape her abusive boyfriend, but this posed a problem as she was living on the streets. That all changed when deputies came to her aid after learning that she'd been repeatedly assaulted by her boyfriend.

The minute they arrived at One Safe Place, the woman was provided food, clothing, and a place to rest while the One Safe Place village of partners got to work. The Homeless Outreach Team worked with four other partner agencies to ensure the woman would be safely housed for the evening until she could fly out of state to her family who was ready to welcome her home.

The deputies were so invested in getting this woman to safety that they picked her up from her safe location this morning, drove her to the airport, and accompanied her to the airline gate runway. The woman was smiling and crying tears of joy all at the same time.

This is a wonderful example of collaboration between law enforcement, the District Attorney's office, and non-governmental partners that are making a tangible difference in the lives of crime victims in our community.

I want to thank our deputies for coming to this woman's rescue and for all the people who made this possible. I continue to be amazed at the work being done at One Safe Place and was glad to support the effort with \$50,000 to Free to Thrive which will provide a head law attorney for the legal clinic at One Safe Place.

Jim Desmond is a member of the San Diego County Board of Supervisors. He represents the 5th District, which includes Escondido, Valley Center, Pauma Valley, Palomar Mountain and much of the Backcountry.

More work to do

By **MARIE WALDRON, 75th Assembly District**

The current legislative session ended on August 31. In normal times, no more business would be conducted by the Legislature in Sacramento until the next session officially begins on December 5. But these are far from normal times.

Violent crime is exploding and the homelessness crisis is worsening. Gas prices are approaching \$7 a gallon, and families are being forced to choose between paying the rent, buying food or putting gas in the car.

The Legislature needs to take immediate action. We should pass legislation suspending our state's gasoline tax, the nation's highest. This could be done with the stroke of the Governor's pen, but so far he's refused to even consider taking this important first step. Permit approvals should be expedited so California's vast inland oil reserves can be used to increase supply and cut costs. We have some of the largest reserves in the country, yet most of the oil we use is imported. This increases costs for consumers and causes serious environmental damage. Crimes like domestic violence, human trafficking and rape of an unconscious person should be reclassified as violent felonies. Smash and grab robberies must again be subject to felony prosecution so that criminals are jailed, where many will receive treatment and counseling for drug addiction, preventing future crimes and reducing recidivism. The growing homelessness crisis must be declared a state emergency -- encampments near sensitive areas like schools and childcare facilities should be prohibited.

These concrete steps can be taken now! That's why I have signed a letter with many of my Assembly and Senate colleagues calling for a Special Session of the Legislature to consider real solutions to the economic, public safety and humanitarian disasters engulfing California. To view our letter, please click here

For an electronic version of this article, please visit: <https://ad75.asmrc.org/>

Assemblymember Marie Waldron, R-Valley Center, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

HELPFUL PHONE NUMBERS

911: Immediate Emergency Assistance

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California Highway Patrol: 858-637-3800

Deer Springs Fire Protection District
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 Station 2 Deer Springs: 760-741-5512
 Station 3 Hidden Meadows: 760-751-0820
 Burn Permits: 760-749-8001

Road Conditions/Closures: Cal Trans 800-427-7623 or www.traffic.com

Super Crossword

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Both hikes begin at the Doane Lake parking area:

The Friday hike begins at 3:30, sharp. We'll hike uphill on the Cedar Trail, past the group camping area, then take the Adams and Boucher trails to the Fire Tower, where we expect to be able to go up into the tower. We'll return the same way or via the Scott's Cabin trail. Plan on about four miles.

On Saturday we will meet at 8:30, sharp, and hike Lower Doane and French Valley. This hike is also about four miles and includes soaring pines, a stream, and a lovely meadow. There is about 450' of elevation gain.

Directions & fees: Set your navigator to 34794 Doane Valley Road, Palomar Mountain, CA 92060, which will get you to the entry gate. If you are camping, you can proceed to the Cedar Grove Group Site, 7/10th of a mile further and pay your \$10 there. If you are only going to hike, pay the Day Use Fee at the gate (\$10/car, cash only, no change given), and then continue 1.7 miles, to the end of the road, to the parking area. Sorry, dogs are not allowed on the Palomar trail system.



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Carl Henry “Wog” Bergman, 93



Carl Henry “Wog” Bergman passed away at his home on October 12, 2022. The story goes that when he was a toddler, he was a roly-poly and, learning to walk, he wiggled and woggled, so that the family called him Woggles. For the rest of his 93 years, he was known as “Wog.” And he liked that. It was unique. As was he.

He is descended from Enos Thomas Mendenhall, one of the earliest settlers on the Mountain.

Wog grew up in Aguanga where he spent the first years of his life on a horse, helping his father in the cattle business. After 2 years in the Navy at the end of WWII, he returned and settled on Palomar Mountain, where he spent most of the rest of his life. Among other things, he continued raising cattle, while also running a heavy equipment outfit, and starting and running a water company. (He ran the first water company on Palomar and was an icon there, almost synonymous with the Mountain itself.)

Wog is survived by his wife Patricia and three children, Curtis (Dutch) Bergman of Palomar Mountain, Betsy Chavez of Bakersfield, and T.K. (Thomas Karl) Bergman of Palm Desert, and also by four grandchildren and two great-grandchildren. A memorial service and potluck will be held on Palomar Mountain in Will Valley on November 5 at 11 a.m.

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Beverly's FunFacts:

When was Hidden Meadows constructed?

The construction of Hidden Meadows began in 1962

DO YOU HAVE ANY FUNFACTS?

Please email to Beverly@BeverlyYourRealtor.com for the next newsletter



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‘North County Cooking Classes’ opens

North County has a new cooking school, “North County Cooking Classes,” which has opened in Escondido with fun and interactive classes in a professional kitchen. As a caterer known as Charlie’s Classic Cooking, Chef Charlie Heineke, better known as just “Chef Charlie,” has catered many

prepared meals to busy families, along with church and school events. He’s also taught classes at Poway Adult School for 15 years.

“I saw a need for people to learn to cook — both for their budgets and their health and well-being,” said Chef Charlie, whose experience in creating menus and teaching students has led him to this new venture. “I designed the classes around quick, fun, easy and healthy meals that take less than 30 minutes to prepare.”

Class topics range from Knife Skills to 101 Ways to Use a Rotisserie Chicken — plus a trip around the world with Taste of Italy (so popular that there are two versions), Oktoberfest, Southern Cakes, Middle Eastern Gluten-Free and other cuisines to include guest instructors. Holiday themes coming up include Halloween Kids and Teens sessions, plus Thanksgiving and Holiday Party Planning (giving home cooks a practice run). Tamale-making classes are popular too as a festive Mexican holiday tradition.

Classes are three hours long and take place in the professional kitchen, with students eating and sharing their creations after cooking them. More information on class schedules is at northcountycokingclasses.com; call 858-442-5252 to sign up for any upcoming session.

PACHECO for PALOMAR Health District



*I am your voice at
Palomar Health*

- ✓ I will assure that everyone receives unbiased healthcare including those from the rural communities in the district.
- ✓ I will work tirelessly on ensuring that everyone in our district has vital, behavioral and specialty care services close to their homes. The same as I did for the North Inland County Region, in securing Paramedic services.

PachecoforPalomarHealth.com

“Pacheco has 30 years of service with the San Diego Fire-Rescue Department, 38 years as a paramedic and 40 years in EMS.”
(<https://www.palomarhealth.org/board-of-directors/michael-pacheco>)

“He has tremendous experience and dedication within the community on all levels of safety and we are excited about the contributions that he will bring to Palomar Health.”
(Diane Hansen, President and CEO of Palomar Health)

“Pacheco developed and coordinated emergency planning for major events in San Diego”
(Times of San Diego December 21, 2021)

“Pacheco has been involved in state and federal working groups for budgeting, purchasing and training... Pacheco has also participated in various committees and boards at the departmental, city, county, state and federal levels as well as implementing policies and procedures.”
(Times of San Diego December 2021)

HIDDEN MEADOWS COMMUNITY FOUNDATIONS FALL

(Private) SCHEDULED EVENTS FOR 2022

Watch for details on these upcoming events in the Hidden Meadows News Paper

Hidden Meadows CA Families Facebook

Town Crier Facebook • Nextdoor "our" HM Neighborhood

These events can't happen without your help. Please contact:

Vickey Ciarlanti at 760-751-4226 (land line) or

vickeyciarlanti@gmail.com to add your name to

our list of volunteers or you can make a Donation at

www.HiddenMeadows.news/donate

Or via Zelle at HMCFFDonate@yahoo.com

HMCF Thanks you for your continued Support fir our beautiful COMMUNITY

*******GOBBLE GOBBLE TURKEY TROT*******

THURSDAY • NOVEMBER 24TH

Location: Meet At The Market 8am

Contact Linda at Linda_j_collins@sbcglobal.net

 **Toys for Tots Breakfast, Arts & Crafts,**
Visit with Santa.

Hidden Meadows and Rim Rock Residents

Please Join us on Saturday • December 3rd • 9am -11am

Location ~ Side Yard Public House here in the Meadows.

*NEW EVENTS ARE BEING PLANNED For 2023!!!Ongoing Beautification Projects •
Neighbors Helping Neighbors Volunteer Appreciation Night (Spring of 2023)*



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I-15 PAVEMENT REPLACEMENT

in Escondido and Unincorporated San Diego County




Caltrans will be replacing pavement on the inside shoulder, outside lanes, and outside shoulder for both northbound and southbound I-15 between SR-78 and Deer Springs Road.

Improving the Freeway

The project will provide a superior, long-lasting roadway to reduce maintenance and construction efforts in the future, thereby reducing impacts to the traveling public and exposure for highway workers.

What to Expect

Construction began late Summer 2022 and should be completed by early 2025. At various times during construction, individual segments in either direction within the project limits will be temporarily reduced to three lanes under long-term closure of the outside lane and shoulder behind concrete barrier. At the conclusion of the work, motorists will see and feel an improvement in ride quality and benefit from the increased service life of the roadway.

Funding

The project cost of \$71.7 million is funded through the State Highway Operation and Protection Program with 80% coming from the Federal Government and 20% from the Road Maintenance and Rehabilitation Account created under voter-approved Senate Bill 1.



Scan the QR code for more information



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Caltrans Public Information Office | (619) 688-6670
ct.public.information.d11@dot.ca.gov

Please join us as we celebrate Alhiser-Comer Mortuary's 125th year in business

Saturday, November 5, 2022
11:00am - 3:00pm
225 S Broadway
Escondido, CA 92025
(parking lot)



This is a FREE event to celebrate the oldest business in Escondido and its continued commitment to and partnership with the community.

Bring your family to enjoy food, kettle corn, cotton candy, a photo booth, gift bags, bounce-houses, raffles, tours and more!



SCAN ME for more information

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I live down the street from you, here in Hidden Meadows.



Luis Michael Bustillos
Attorney and Counselor-at-Law

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or email me at
Michael@LMBustillos.com
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10 a.m.



After
4 p.m.

Irrigate Lawns & Landscapes
BEFORE 10 a.m. and
AFTER 4 p.m. ONLY!

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within three (3) days
of discovery.

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Valley Center Municipal Water District



Hidden Meadows Community Resources

Community Emergency Response Team (CERT)

Contact Marc Weissman at 760-525-5170 or marcweissman11@gmail.com.

Community Sponsor Group

Contact Chairman Jim Chagala, at 760 751-2691 for more information.

Hidden Meadows Neighborhood Watch

Please join our facebook group: Hidden Meadows Neighborhood Watch. We'll share neighborhood information, safety tips, and news of future events.

Contact Info: Erik Tyler 442-235-9060 erikdtyler@gmail.com

Deer Springs Fire Safe Council

Contact Steve Kerrin at 760-807-1141.

Emergency Communication System

To register, visit www.deerspringsfiresafecouncil.com.

An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the "Fire Danger Signs" during red flag warnings.

Homeowners Associations

The Meadows Homes Association (MHA) 760-749-7278
 Rimrock Homeowners Association 760-749-4008
 Hidden Meadows Ranch Homeowners Association 760-407-7575
 Silverado Management Services
 Oak Meadows Glen Homeowners Association 760-749-4796

Organizations

Garden Club

Contact Frances Munk at francesmunk17@gmail.com

Hidden Meadows Bridge Group

We play bridge at the MHA Pavilion every Wednesday from 10:00AM to 2:00PM. Please call Curt Bruce at 442-222-0821 if you'd like to join us.

Hidden Meadows Community Foundation (HMCF)

Contact Sarah Sealey at sarah@bretandsarah.com

Ladies Bible Study

Contact Debbie Hamer at 760-297-1278 or Stephanie Swadell, 619-993-4631.

Tennis Club

Contact Katy Freeze at 760-749-9722 or clarkfreese@gmail.com.

Women's Golf Club

Contact Ellen at 760-749-1190

Women's Social Group

email to hmwsg92026@gmail.com.

Yoga

Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net for more information.

Construction on old hospital site could begin in two months

Rough grading has begun on the Palomar Heights building site, the old Palomar Medical Center property.

According to Adam Finestone, Principal Planner for the City, "The developer, Graystar, has demolished the old building and begun some rough grading on the site." He added, "They are looking at getting permits for the main building at Valley & Grand to start construction on that within the next couple of months. They will likely start construction immediately after the per-

mits are issued."

Integral Communities sold the 14-acre Palomar Heights property to Greystar Property Management for \$55 million in June. Palomar Heights will include 258 multifamily rental residences, 162 for-sale townhomes and 90 age-targeted apartments. It will be anchored by a 75-foot landmark commercial building centered on Grand Avenue featuring a restaurant and sky lounge with 360-degree views of the city.

HIDDEN MEADOWS NEWS

Deadline for local article submission:

20th of the month for the next issue. Photographs submitted for publication should be hi-resolution (300DPI), unmodified originals, jpeg format. We cannot accept photos taken from social media sites such as Facebook. If you wish copies of photos in which you are included, email me at address below.

Send drafts to Patricia Fox at:

LocalEditor@HiddenMeadows.news

Hospice to hold Light Up a Life Nov. 13

Everyone in the community is invited to Light Up a Life, a special candle-lighting ceremony to celebrate the people whose lives have warmed their hearts and whose memories illuminate their lives.

The Elizabeth Hospice will host this family-friendly event on Sunday, November 13, 3:30 to 5:30 p.m., at the California Center for the Arts at 340 N. Escondido Blvd.

Light Up a Life blends inspirational messages, music, and a memorial ceremony to lift the hearts of those touched by loss, illness or sorrow. Admission and parking are free. Registration is required by November 4 at <https://elizabethhospice.ejoinme.org/Light2022>.

All attendees will have the opportunity to light a candle during the memorial ceremony. In support of The Elizabeth Hospice's nonprofit mission, a donation of \$50 is suggested. Individuals can receive a 2022 keepsake ornament with a \$100 donation or a personalized ornament with a donation of \$250 or more.

Information on sponsorship opportunities can be found at <https://elizabethhospice.ejoinme.org/Light2022> or by calling 760-796-3708.

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Answers

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HIDDEN MEADOWS COMMUNITY FOUNDATION

HMCF92026@gmail.com

Sarah Sealey, President

Michelle Zipse, Vice-President

Shannon Antekeier, Secretary

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Vickey Ciaralanti, Director

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Patricia Fox, Director

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PACHECO / From Page 2

in the community, in youth soccer and on the middle school site council. He served on the Valley Center Fire Protection District board for two terms.

“When I served on the fire board,” he said, “I was instrumental in getting us the first paramedic services in the region. Including that first contract with Mercy that created the Valley Center service area, for Deer Springs and Pauma to Lake Henshaw to Palomar. That was in large part because of my relationship with the county of San Diego and county EMS.”

Asked why he is running, Pacheco said, “I’m really passionate about what I’m doing. I truly enjoy working for the district. There are a couple of points I feel very strongly about. One is behavioral health. It’s important to have easily accessible services for patients and family. What you hear about what kids are suffering is very true. The struggle is real. I’m very passionate about being able to provide those services for others who may not be as fortunate to have connections or know the medical system like I do.”

Pacheco added, “I have a real concern and compassion for doctors and nurses.” Having served throughout the COVID pandemic, with the many hours of work and dangers in their personal lives, including exposure to an unknown virus, Pacheco wants to support their efforts.

“It’s really important that we recognize and support our nurses and doctors and team members,” he said. “I try to do that as far as I can; participating in recognition and employee events. It’s important they know that we on the board support them.”

And yet, the district has had rough employee relations that almost led to a strike earlier this year. Pacheco helped avert it: “The nurses recently had almost a year without a contract,” conceded Pacheco. “Negotiations were strained. The administrative team was working hard with the nurses to come up with a solution. It was reaching a point where everyone was frustrated by the inability to reach a deal. I was approached by the nurses association because of my union background. I was able to help with some dialogue between the CNA (California Nurses Association) and our administration and we avoided a strike. Which wouldn’t have been good for anyone.”

Other facts provided by the candidate:

- I was appointed after an application and vetting process. The CEO and super majority of the board selected me as the best candidate. My opponent was one of the others in the same process.
- In the Fire Department I over-saw operations for over 1.2 million people. I worked to develop policies for the entire department. I was part of the Paramedic contract compliance process.
- I was part of the County EMS governance process which developed Emergency Medical treatment policies and protocols for all county paramedic services.
- At VCFPD, I was instrumental in securing the first paramedics to entire north county inland region.
- I served on the middle school site council for three years
- Served as the President of Valley Center Youth Soccer League and coached for 10 years. During COVID, I worked tirelessly to get our children back outside on the soccer field. I worked with the Cal-South Soccer President on the statewide “Let Them Play” committee.
- Palomar Healthcare is the largest public healthcare district in the state. It has been voted “Best Hospital” by Newsweek, three (3) years in a row. We received the “Hospital District of the Year” award from the Association of Healthcare Districts, last month
- Being a public healthcare district means that your tax dollars go to partially fund the the hospital district. That also means you get a voice on the the Board of Directors. I am your voice on that board.
- The Directors oversee the CEO and ensures that the needs of the citizens are being met.
- Palomar is currently restructuring our Certificate of Participation (COP) (bonds) financing and expect to have very favorable results. This is well underway and should be finalized very soon. The district is expected to save millions of dollars over the life of the bond payment.

Issues Facing the District

Stability is one of the most important issues facing the district, said Pacheco. “We as a district have worked very hard to continue to bring more and specialized services to our region. It’s important that we have those services for the people that live up here.”

He continued, “I think we are underserved in this

community. We were promised certain things and didn’t receive them.” He is referring to Prop. BB—approved by the voters in 2004—which included a promise for a clinic in Valley Center. “When I was interviewed for the appointment I made very clear I wanted the district to make good on that promise,” he said.

“I showed them using their own marketing that with the current growth in Valley Center, especially in Park Circle, our demographics and marketing share show the need for increased services. I went to the CEO and showed her the data.”

As a result, “We are going to increase services with Dr. Johnson’s office. Since Graybill is now part of Palomar Health, the physicians are all under us. They are going to bring in a second doctor under Dr. Johnson. When he retires, they will bring in rotating specialty services when needed, like radiology on on-

cology.” He added, “We will get a rotation—so our people don’t have to drive down to Escondido or San Diego. We are also working out details to provide after-hours urgent care at the same office. I took that promise to heart and I went to work on it. I believe the funding for the remodel [of Dr. Johnson’s office] was already allocated and the remodel has been done. Additional equipment will be brought in.”

Pacheco said, “Our CEO has done a great job of putting the hospital district on a sound financial ground. I know my opponent is part of a group that does not believe that. But the CEO has moved the district

from red to black. We have become financially stable and increased services and facilities. We built a parking structure that we just opened. We built three medical office buildings where new services are coming in, such as the expansion of the radiology department, neurosurgery and pediatric services in combination with Rady’s Children’s Hospital.”

The district is also going to expand into the 10th and 11th floor of the hospital, adding a neonatal ICU for newborns and obstetrics, emergencies and delivery.

Pacheco concluded, “Being on a sound financial footing allows us to do that.” What about allegations that the finances are not transparent? “I believe that we are transparent,” he said. “We are undergoing an annual audit and it should be out next week. All the financials have always been available. They are online for anyone to see.”

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KIWANIS CHARITY GOLF TOURNAMENT

Fundraiser for Scholarships & Character Education Programs

Thursday, November 3rd 2022
Registration 9am - Tee Off 10am



Kiwanis
Valley Center



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GOLF CLUB

\$125 Donation Per Player
Includes: Greens fees, cart, snack bag, and lunch

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Register online at <http://valleycenterkiwanis.org>

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Valley Center, CA 92082

For registration and questions please visit <http://valleycenterkiwanis.org> or contact Jim Dorschel at (760) 330-6878

It was so fun meeting Simona at the Trunk or Treat event this weekend! The lightsabers were awesome!

MARKET TRENDS
Average Sold Price: \$963,044

MARKET TRENDS
Average Days on Market: 22

Glad you liked them. I liked her new listings better. What was the address again?

28315 Meadow Glen Way West!

MARKET TRENDS
Average Sold vs List Price: 101%

SCAN ME

What is happening in HIDDEN MEADOWS

Market Report

NOVEMBER 2022

▶ Address ▶ BD/BA/SF ▶ Listing/Selling Price

ACTIVE

28315 Meadow Glen Way W.	3/2.5/1,775	\$739,900
Burned Oak	3/2.5/1,771	\$839,000
Wimbleton Ln	3/2.5/1,880	\$860,000

SOLD

10106 Sage Hill Way	4/3/3,001	\$910,000
10044 Sage Hill Way	3/3/2,258	\$952,659
10570 Meadow Glen Way E.	3/2/2,159	\$925,000



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ROBIN JOY MAXSON

PALOMAR HEALTH BOARD

Improving Health & Safety Through Community Service:

- County's Social Services Advisory Board - appointed by Supervisor Joel Anderson
- "Woman of the Year 2022" for 71st Assembly District - recognition for community service
- Chair, Ramona Community Planning Group
- Member, SANDAG & Caltrans Highway Safety Project



With my career in Behavioral Healthcare Administration and Master's Degree in Education, I focus on quality and access, and developing healthcare programs to ensure the best health outcomes for patients.

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- ✓ . . expanding your ability to receive services where you live
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- Senator Brian Jones
- Carl DeMaio, Chairman of Reform California
- Al Stehly, Past Chair, Palomar Health Foundation
- Ken Lounsbury, Former Palomar Hospital Board Member
- Marcelo Rivera, MD, Former Trustee Palomar-Pomerado Health
- Jaime Rivas, MD, Emergency Medicine
- Christine Bauer, RN, Emergency Department

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PALOMAR COLLEGE BOARD

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normamiyamoto@gmail.com

NormaForPalomar.com

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